

**North Carolina District Women's Ministries
Resource Library Inventory**

25 DVD Studies

- ***Esther: It's Tough Being a Woman (9 sessions)*** – Beth Moore – **(We now have two sets available.)**
An in-depth and very personal examination of this great story of threat and deliverance. If you've ever felt inadequate, threatened, or pushed into situations that seemed overpowering, this is the study for you. Beth peels back the layers of history and shows how contemporary and applicable the story of Esther is to us. **(Leader's Guide included; Participant's Guide sold separately)**

- ***I Saw the Lord - A Wake-up Call for Your Heart*** - Anne Graham Lotz with Henry Blackaby & Crawford Loritts present an **8-session journey to personal revival**. "The world today is desperate for churches filled not with **good** Christians but with **great ones**...men & women like Isaiah, the greatest of the Old Testament prophets, who have had a fresh vision of God, who enjoy a vibrant relationship with him, and whose lives are empowered to change the lives of others." **Sessions:** (1) Bible Study Workshop by Anne; (2) You're Sleeping! (Josiah); (3) Wake Up! (Ezekiel); (4) Open Your Eyes! (Moses); (5) Rend Your Heart! (David); (6) Bend Your Knees! (Ezra); (7) Just Say Yes! (Isaiah); (8) Move Your Feet! (Nehemiah) **(Leader's Guide included; Participant's Guide sold separately)**

- ***Pursuing More of Jesus (6 sessions)*** - Do you long for more of Jesus' love and wisdom? In *Pursuing More of Jesus*, Anne Graham Lotz, daughter of Billy Graham and President of AnGel Ministries, takes a closer look at the later part of the Gospel of John. She explores the deeper lessons that Jesus shares with His disciples before His passion, death and resurrection. This edition also includes an in-depth devotional guide that will help you dig deeper.

- ***Stepping Up: A Journey Through the Psalms of Ascent*** – Beth Moore – **6 sessions**. This study explores Psalms 120-134. Traveling pilgrims sang these psalms both on the way to the great festivals of the Jews and as the key elements of the worship at those festivals. You will gain a new appreciation for the life of faith as a journey to greater fellowship with and worship of God. Beth says "I am expecting nothing less than a new level of relationship and intimacy with God through these psalms. I ask you to settle for nothing less as well. The more we unveil our faces to God and bare our souls to Him, the safer we'll feel with Him and the closer we'll draw to Him." **(Leader's Guide included; Participant's Guide sold separately)**

- ***Prayer - Does It Make Any Difference?*** Philip Yancey - **6 sessions on our relationship with God through prayer**...filmed in different locations in the Rocky Mountains, prayer takes you to the mysterious intersection where God and humans meet & relate. Philip Yancey guides you in exploring such questions as: Is God listening? If God knows everything, what's the point of prayer? Why do answers to prayer seem so inconsistent and capricious? Why does God seem sometimes close and sometimes far away? How can I make prayer more satisfying? **Sessions:** (1) The View from Above; (2) Why Pray?; (3) Keeping Company with God; (4) How to Pray; (5) Prayer Problems; (6) Does Prayer Change Anything? **(Leader's Guide included; Participant's Guide sold separately)**

- ***Bible Studies by Demand for Women, Vol. 1 - 6 individual, stand-alone Bible studies by outstanding teachers; includes reproducible viewer (study) guides;*** Sessions (1) & (2) are excerpts from "Living Beyond Yourself" & "Breaking Free" by Beth Moore; (3) from "Walking By Faith" by Jennifer Rothschild; (4) from "The Vision of His Glory" by Anne Graham Lotz; (5) from "Living Your Life As a Beautiful Offering" by Angela Thomas; (6) from "He Speaks to Me" by Priscilla Shirer. This set of Bible studies was designed for use in a variety of settings such as a time gap between longer studies...women's SS classes...a special event or retreat...or simply a diverse 6-week study.

- **ENJOY - A Thirst-Quenching Look at Philippians** - Presented by Tianne Moon, Spiritual Development Coordinator at Fellowship Church in Grapevine, Texas. This study, **done in 6 group sessions**, is a this verse-by-verse look at the Book of Philippians with two main purposes: (1) To help participants discover how to experience joy in every season of their lives; and (2) to equip participants to study the Bible for themselves, experiencing its power and developing a passion for knowing God. This study is designed so that anyone can participate, even those who have never stepped foot in a church! Each session includes both small-group discussion and large-group video teaching and lasts approximately one hour. **(Info' on obtaining additional Participant's Books from Lifeway Church Resources inside book.)**
- **The Patriarchs** by Beth Moore. Explore such concepts as blessing, covenant, and promise and see how they affect our lives as New Testament believers. Get to know the individuals and families God used to birth His redemptive plan and see a perfect and holy God endure in His relationship with man at his best – and at his weakest and worst. Full of twists and turns, ruin and redemption, revelation and mystery, this in-depth **11-week study** of Genesis 12-50 will keep you captivated by the God who stars in it! **(Leader's Guide included; Participant's Guide sold separately)**
- **Believing God: Experiencing a Fresh Explosion of Faith** by Beth Moore. Based on Isaiah 43:10, this **10-week study** explores what it means to believe God. Do you take God at His Word, believing what He has told us, or do you just believe in His existence and the salvation He offers? Through studying the lives of Abraham, Moses, and others from Hebrews 11 as examples of persons who believed God, Beth encourages women to deepen their own trust in God and receive a fresh word from Him, understanding what God means when He says, "I didn't ask you to believe *in* Me. I asked you to **believe** Me!" **(Leader's Guide included; Participant's Guide sold separately)**
- **A Woman After God's Own Heart** by Elizabeth George. Do you ever stop to think about how you will be remembered after you're gone? Will it be as a loving wife, a nurturing mother, a faithful Christian, a loyal friend? Just as King David of the Old Testament is remembered as a "man after God's own heart," in this topical Bible study, Elizabeth George is going to teach you how to become a "woman after God's own heart"...and how you can find balance and fulfillment in the critical areas of life that matter most. This is a **10-week study** that will transform your life! **(Leader's Guide included; Participant's Guide sold separately)**
- **Mirror Image (5 weeks;** includes a reflection guide and a leader's guide) - **Perhaps you need is a different perspective...**Based on some of the most famous biblical parables, such as the Good Samaritan and the Prodigal Son, **Mirror Image** tells the story of a family who faces dramatic events and must choose how to respond. Their story reminds us that Jesus' revolutionary teachings ask us to change the way we think - to look at things from a different perspective - in order to make a difference in this world.
- **Crossing (5 weeks;** includes a reflection guide and a leader's guide) - **Life is a journey.** Along the way, we reach points in our lives where we must decide whether to step out in faith and let God take control or whether to let fear and insecurity paralyze us and keep us from crossing over. Making a crossing always calls for uncommon courage, faith, and obedience. Based on the book of Joshua, **Crossing** explores the extraordinary things that can happen when we trust God and let him lead the way.
- **Fork in the Road (5 weeks;** includes a reflection guide and a leader's guide) - **A fork in the road demands a question: Which way will you go?** It's at these moments that crucial decisions are made. **Fork in the Road** tells the modern-day story of David, the legendary giant-slayer who experienced some devastating moral defeats in his life. Through his story, we learn that the choices we make in our own lives are important, even life-changing.

These DVD studies were added in the Spring of 2011.

- **Made to Crave** by Lysa Terkeurst. Craving isn't a bad thing but God created us to crave so we'd ultimately desire more of Him in our lives. Many of us have misplaced that craving, overindulging in food instead of tasting spiritual satisfaction. This six-session video study uncovers the missing link between a woman's desire to be healthy and the spiritual empowerment to make it happen.
- **Breaking Free** by Beth Moore. God longs for us to know Him and believe Him, glorify Him, find satisfaction in Him, experience His peace, and enjoy His presence. Sadly, many Christians spend their lives never experiencing the transforming power that comes from being set free to enjoy these benefits of the abundant life God intends for us. This 11-week study will help you identify obstacles that hinder your relationship and find real freedom from spiritual strongholds. **Please note: this set of DVDs is formatted for computer viewing only but should also be compatible to use with a video projector.** No video projector available? If you're doing the study with a small group and have a laptop with a large screen, this will work well. And if you have access to enough laptops to have two or more groups viewing simultaneously, **please contact Lucy** at barneshome@bellsouth.net or call at 704-543-1010 and request additional DVD sets as needed. (Leader's Guide and Participant's Guide sold separately at Lifeway Christian Bookstore, also available online.)
- **Economy of Love** - The American Dream is based on wanting more. But does God's dream for the world look like the American Dream? In this five-week study, unpack what the patterns of God's kingdom look like compared to the patterns of our world. What is the value of enough, and how do we become more like the God who is close to the poor, the hungry, the meek, and the merciful? Shane Claiborne presents the five sessions:
 - Week 1 - **Tension** - Being the hands and feet of Jesus in a broken world.
 - Week 2 - **Enough** - Christ's demand to love our neighbor through redistribution.
 - Week 3 - **Vulnerable** - Living lives that collide with those of the marginalized.
 - Week 4 - **Filled** - Is the gospel we preach good news for the rich and poor alike?
 - Week 5 - **Practice** - Following Jesus with our hands, our feet, and our resources.
- **The Harder I Laugh, the Deeper I Hurt - An Honest Look at Surviving Life's Pain** - by Stan Toler & Debra White Smith. Sometimes, the wounds of life are difficult to overcome, even for faithful and committed Christians. The DVD contains six short video lessons and a printable leader's guide; there's also a copy of the book, *The Harder I Laugh, the Deeper I Hurt*. Stan Toler & Debra White Smith share their stories and explain how the healing power of laughter can help you overcome feelings of loneliness, anxiety, heartache, and depression. With honesty and insight, they will help you learn to let God's wisdom and peace heal your pain with a joy that remains genuine even when life is at its worst.
- **A Woman and Her Relationships - Transforming the Way We Connect** - by Rosemary Flaaten. This study explores the connection between a woman's spiritual relationship with God and her relationships with others. Through encouragement and introspection, you'll discover how to bridge the gap between your spiritual life and your daily interactions with the people you love by investing in a relationship with God that will change you from the inside out. Besides a copy of the book, **A Woman and Her Relationships**, the DVD contains six video lessons and a printable leader's guide.

We've added seven of the videos available in "**The Extraordinary Women**" DVD series, each approximately one hour long. A free downloadable study guide is available for five of the studies; the website for each study guide is indicated on the back of the DVD. **These videos are available for you to check out individually for single session use OR all seven for a seven week series.**

- **Letting Go of Emotional Pain** with Lisa Whelchel. What emotional lies have you believed since you were a child? Do these emotions often get the better of you? Learn how God wants to set you FREE from your past and heal your hurting heart.

- ***Living Beyond Your Circumstances*** with Joni Eareckson Tada. Have you ever asked yourself, "Why did all this happen to me?" Learn how God can use your pain to create a beautiful testimony to encourage others.
- ***How to Become a Peacemaker*** with Leslie Vernick. How do you handle conflicts in your life? Trouble with your husband, friends or loved ones can leave you feeling helpless and weak. Learn how to let down your guard and become a Peacemaker in your relationships.
- ***A Woman's Ministry: Sharing the Faith and Growing the Church*** with Jill Briscoe. Are you feeling inadequate or unprepared to minister to others? Jill Briscoe shares one-on-one three practical keys to reach out to and touch your community.
- ***A Woman's Prayer Life*** with Beth Moore. Are you feeling empty and unsatisfied? Learn how to have a rich spiritual relationship with God that will satisfy your deepest desires.
- ***Drawing Women Closer to the Heart of God*** with Beverly LaHaye. The Lord wants to use you in a mighty way to impact the world. Learn how to conquer your fears and release God's power in your life.
- ***A Woman's Finances*** with Mary Hunt. Times are tough! Discover basic principles that will help you and your family appreciate the money you have, control your spending and even save for the future.

5 VHS Studies

- **Fresh-Brewed Life – A Stirring Invitation to Wake Up Your Soul** by Nicole Johnson. Using coffee as a metaphor, Nicole defines the fresh-brewed life as ‘surrendering to God the whole bean essence of who you are, allowing yourself to be finely ground, letting the fiery love of God pour over you, releasing from your life the most fragrant aroma possible.’ She gently and humorously leads women to look honestly and talk openly about issues like anger, longings, and beauty. And even if you don't like coffee, this **4-week study** still holds the same promise: wake up to a richer life! **(Leader's Guide included; Participant's Guide sold separately)**
- **Experiencing God: Knowing and Doing the Will of God** by Henry T. Blackaby & Claude V. King. This **13-week study** helps you learn to hear when God is speaking to you, find out where God is working and join Him, and experience God doing through you what only God can do. It is an exciting, life-changing journey where you will come to know God in ways you have never known Him before! **(Leader's Guide included; Participant's Guide sold separately)**
- **Breaking Free** by Beth Moore. God longs for us to know Him and believe Him, glorify Him, find satisfaction in Him, experience His peace, and enjoy His presence. Sadly, many Christians spend their lives never experiencing the transforming power that comes from being set free to enjoy these benefits of the abundant life God intends for us. This **11-week study** will help you identify obstacles that hinder your relationship and find real freedom from spiritual strongholds. **(Leader's Guide included; Participant's Guide sold separately)**
- **A Woman's Heart, God's Dwelling Place** by Beth Moore. This **11-week study** is an in-depth, biblical study of the tabernacle in the wilderness, and its variety of meanings for a woman's walk with God today. You will be challenged to prepare your heart, like the holy of holies, to become a home for His love and glory – a dwelling place for the Most High God. **(Leader's Guide included; Participant's Guide sold separately)**
- **To Live Is Christ, The Life and Ministry of Paul** by Beth Moore. An **11-week study** that takes you on a journey into the heart of Paul, the apostle. More than any other person, Paul provides an example of sold-out servanthood. You will feel the challenge to follow Paul's, example just as he followed the example of Christ. **(Leader's Guide included; Participant's Guide sold separately)**